

TO GO

1. Describe a moment in your life when you experienced shell shock. What about it was particularly jarring? How did you respond in the short term? What made it difficult to recover?
2. Read Habakkuk 3:1–2. Why does Habakkuk's experience with Judah and the Babylonians drive him to prayer? What was he particularly afraid of? How does his prayer begin? Why is it so important to recall what God has done in the past when asking God to do something in the present?
3. Read Habakkuk 3:3–15. What attributes of God does Habakkuk highlight in his prayer? How do these attributes influence God's activities?
4. Based on your current experience, what activity of God in this section creates the most tension for you? What brings the most relief? Why?
5. How does who God is, as Habakkuk describes Him in this psalm, cause you to worship? Why is reverence so important in the midst of those shell-shocked moments of life? How does worship keep us grounded in reality?
6. Read Habakkuk 3:16. Why must reverence also accompany repentance? What is repentance and what does it look like on a daily basis? In what ways is God calling you to repent even today?
7. How does proper repentance contribute to sufficient rest? Describe the process Habakkuk went through to find rest in 3:16b.
8. What is God inviting you to recognize about Him, and how is God calling you to respond to Him today?
9. Spend some prayerful moments reflecting on God's attributes and activities and then respond with reverence (worship), repentance (agreeing with God about your sin, asking for forgiveness, and committing to live differently as a result), and rest. Thank God that He has done what He promised by sending Jesus to die and rise again.
10. How can you carry this approach to God with you? How can you consistently recognize God's attributes and activities and respond with reverence, repentance, and rest? Write down your thoughts as a prayerful commitment to the Lord toward this end.