

1. **ICEBREAKER** - What's your initial reaction to the practice of SERVING? Do you love serving others? Is serving others difficult for you? Explain.
2. **LIST** - After today's message, we've covered 4 of the 5 B.L.E.S.S. practices: Begin with prayer, Listen with compassion, Eat together, and Serve in love. List these 4 practices in order of what's... 1) EASIEST for you to do, to 4) MOST DIFFICULT for you to do.
3. **AGREE or DISAGREE?** - In the message, we heard the quote, "You're never more like Jesus than when you're serving others." Do you agree with that? Disagree? Explain.
4. **OPEN-ENDED** - We answered four questions today that ultimately answer the question - "WHY SERVE?" After hearing today's message, what would be YOUR answer if somebody asked YOU, "Why should I SERVE my neighbor/FRANC list?"
5. **STORY** - Share of a time in your life when...
 - a. YOU intentionally served someone else. How did that go? If it went well, how'd you *feel* afterwards? If it went poorly, why do you think it went that way?
 - b. SOMEONE ELSE intentionally served you. How was it for YOU being on the receiving end of service? How was it for the person serving you?
6. **APPLICATION** - In the book, *B.L.E.S.S.: 5 Everyday Ways to Love Your Neighbor and Change the World*, Dave & Jon Ferguson suggest evaluating how our neighbors are doing - Relationally, Physically, Mentally, & Spiritually ("R-P-M-S") - so we can determine how to best SERVE them. In order to do that, ask yourself some of the questions below about the people on your FRANC list.

HOW ARE THEY DOING...

<u>RELATIONALLY?</u>	<u>PHYSICALLY?</u>	<u>MENTALLY?</u>	<u>SPIRITUALLY?</u>
- How is their home life? - How is their marriage, dating, or family life going? - Do they have close friends? How are their relationships at work? - Do they have a healthy circle of friends?	- How is their overall health? - Does their energy level seem good? - Are they getting regular exercise? - Are their eating habits healthy? - Do they mention not being able to sleep?	- Are there any signs of anxiety? - Is there any indication of depression? - Have I noticed any mood swings? - Are they learning? - Are there any unhealthy thought patterns showing up?	- Do they sense something is missing in their life? - Are they willing to have you pray for them? - Do they display a spiritual curiosity? - Do they initiate spiritual conversations? - Are they moving closer to God?



TO GO