

# TO GO

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1. Share an experience where you struggled to quit something that was hard to walk away from, but that you know was necessary. How did you know? Looking back, how did you see the hand of God in that situation?
2. Read Genesis 29:31–35. Why do Leah and Rachel seem to be struggling? How does God respond to Leah's state? What does this tell us about God's heart for the marginalized?
3. Read Genesis 30:1–8. How does Rachel's intensity manifest? What evidence is there of Rachel following in her husband's footsteps? What extremes is she willing to go to in pursuit of her desires?
4. Read Genesis 30:9–13. How might the birth of children to Leah's servant have affected Rachel? What do the names of her children suggest about Leah's attitude towards Rachel?
5. Read Genesis 30:14–15. What is the significance of the mandrakes in this context? Why might Leah not have wanted to share them with Rachel? Why might Rachel be desperate for them?
6. What indication in v15 do we have of Rachel finally letting go of her attempts to control and manipulate? Read Genesis 30:16–24. How does this turn out for Rachel?
7. Self-Reflection. In what areas of your life do you struggle with letting go? Are there specific relationships or activities where you find this temptation to be particularly challenging? Take a moment for silent prayer:
  - Ask him to help you quit that which keeps you from totally trusting him.
  - Thank him for being the kind of God that he is, totally trustworthy, full of grace, always acting towards those he loves with their best in mind.
  - Commit to trusting God this week and beyond, always with an open hand.