

Talk about it!

1. Who in the Bible was devoted to prayer? When do you see them praying? Would you describe their prayer life as organic (praying as life happens), rhythmic (set times/patterns of prayer), or both? Explain.

Dig In!

2. God's will for the Thessalonians is that they "rejoice always, pray without ceasing, give thanks in all circumstances" (vv. 16-18). What reason do they have for being joyful and thankful? (vv. 9-10)
3. Why is being joyful, prayerful, and thankful so important, especially for a people facing persecution? (1 Thes. 1:6)
4. Give thanks in all circumstances (1 Thes. 5:18). How would you describe your current circumstances? What can you thank God for?
5. Brainstorm ways you can make all of your life a conversation with God (1 Thes. 5:17).
6. How can you remind yourself and each other to pray continually?

Read Hebrews 13:15

7. What does it mean to offer up a sacrifice of praise to God? (See Psalm 50:14, 23; Psalm 107:22; Psalm 116:17)
8. People who continually offer up a sacrifice of praise to God use their lips to praise His name. What about God causes you to verbally praise His name?

Take Action!

9. Share some of your current prayer practices or prayer rhythms with one another.
10. What's one new prayer practice you will try this week? Try it and share your experience with your Growth Group at your next meeting.

Pray!

11. Thank God for Jesus Christ and all that he is doing in your life, no matter your circumstances.
12. Pray that God will help you to be joyful always, unceasing in prayer, and thankful in all circumstances.



TO GO