

1. Describe a hard experienced that has made you a better person or proved to be fulfilling, even though the process to get there was difficult.
2. Read John 16:16–22. What evidence is there that Jesus is referring to Calvary in these verses? Why do you think Jesus senses the need to prepare the disciples for what's to come? How does the imagery of a woman in childbirth contribute towards their preparation?
3. Read John 16:23–28. Why will the disciples not ask anything of Jesus? What qualifications does Jesus give about asking the Father? What does he promise that his disciples will receive?
4. Why is it important that the disciples understand the love of the Father in this context?
5. Read John 16:29–32. What does Jesus intend to demonstrate with these verses? Why is it important for the disciples to grapple with their inability to pass the test?
6. Read John 16:33. To what does Jesus tie the peace of the disciples? Why is remaining in him the only lasting source of peace? What confidence can we have that Jesus is able to provide what we need?
7. Consider memorizing John 16:33. Then, every day this week, confess it back to the Lord like this. "Lord, you said these things to me so that *in you* I could have peace. Lord, you know I've got some tribulation in my life. Give me *your peace* and *your joy* so that I can take heart. Jesus, capture my imagination with the glory of your resurrection. And be my peace today and always. Amen."