1. If you're comfortable, describe one of your "valley of the shadow of death" experiences. How did you make it through?

2. Read Psalm 23:4. Why does David choose the word "through" instead of "in"? What does that tell us about God's intent for valleys? Why do you think people often assume that if they are in a valley, they must not be in God's will?

3. What is David's primary antidote to fear in v4? Why is he not afraid? How does knowing and applying this to your situation give you confidence amid dark valleys?

4. What two shepherd's tools does David cite at the end of v4? How is a rod used in the shepherding vocation? How about a staff? What does the use of these tools tell us about God's shepherding of us?

5. You may be going through a dark valley right now. If you're comfortable, share it with your group and invite them to pray over you. Then, read Psalm 27 and pray again, this time claiming the truths it represents for your own situation.