

TO GO

1. Describe a season of your life where God was trying to get your attention. What methods did he use? How did you determine what he was up to?
2. Read Jonah 1:4–6. How does the Sailors' response to the storm reflect how the world often responds to calamities? What is surprising about Jonah's response? How does his response indicate the state of his heart?
3. Read Jonah 1:7. How does the casting of lots indicate the state of mind of these sailors? In what ways can we release control to God's sovereignty today?
4. Read Jonah 1:8–9. What two realities were necessary for Jonah and the sailors to contend with before they could move towards a resolution of their predicament? Why was this important?
5. Read Jonah 1:9–15. How do the sailors and Jonah ultimately respond to these realities?
6. Read Jonah 1:16. How do the sailors give evidence of genuine faith?
7. Consider a storm you are currently experiencing. How is God trying to get your attention through it? What realities do you need to recognize and how is God calling you to respond today?