

1. In response to the question, "*How are you?*", what's your one-word response right now? Why?
  
2. What's more amazing to you - that God became man and came to us? Or, that He's willing to look at us and say, "Come to me...?" Explain.
  
3. If someone were to ask you, "*Who is Jesus?*", what would you say? Would "gentle & lowly in heart" be in your description? Why or why not?
  - a. Why is it important to remember that Jesus is, indeed, "gentle & lowly in heart?"
  - b. What happens if we forget that?
  
4. Would you describe yourself right now, as someone who "labors & is heavy laden?" Why? If so, have you accepted Jesus' invitation to come to Him? If not, why not?
  
5. If you've "come to Jesus", share what it's like to experience the rest that He offers to us. How would you describe it?