

## Triumphing Over Temptation 1 Corinthians 10:13

### I. Understand the nature of temptation

#### A. Four common sources of temptation:

- Our own fallen flesh
- Our spiritual adversary
- Other sinful people
- Trials

#### B. The limitations of temptation:

- No temptation is unprecedented
- No temptation is beyond indulging
- No temptation is irresistible

### II. Believe that victory is possible

### III. Execute God's escape plan

#### B. Three of the best tools God equips us with to overcome temptation:

- A Promise
- Prayer
- A Partner