

1. Describe a situation where someone you knew was mourning. How did you handle it? What did you find to be helpful for that person? What did you discern was difficult?
2. Read Matthew 5:4. What kind of mourning is Jesus referencing here? What kind of mourning is he not? Read 1 Corinthians 5:1–2. How does Paul’s exhortation to the Corinthian church speak to us about how we should mourn?
3. Read John 14:25–26. What is the role of the Holy Spirit as Jesus articulates in this passage? What does the Spirit remind us of? How does that cause us to mourn and/or experience comfort?
4. Read Revelation 7:17. How does the promise of the future comfort of the Lamb offer us present comfort for today as we mourn?
5. Take some time this week to ask, listen, repent, and respond. And as you mourn over what you see and hear, invite the Spirit of God to bring you His comfort.