

# TO GO

1. Identify and describe the humblest person you know. What qualities qualify him or her for that distinction?
2. Under which circumstances do you find it most difficult to demonstrate humility?
3. Read Matthew 5:1–5. Describe the logical progression in the first 3 Beatitudes. What does Jesus mean by the word meek? To whom ought meekness be directed?
4. Read Numbers 12:3, Matt 21:5, and 2 Cor 10:1–2. How do each of the people represented in these verses demonstrate meekness?
5. Consider the description of meekness in the outline. In what ways do you struggle to apply meekness in your life as reflected in the list?
6. Ask God to help you stop chasing the earth, and instead to start enjoying what you already possess. As you do, consider those attitudes or aspects of your life which are clearly not yoked with Jesus. Ask the Spirit of God to supply what you need to walk with Jesus in all of those areas.