

## To Go

### Prayer

Colossians 4:2

Andy Kvernem

July 19, 2020

1. Why is it so difficult for so many people (even Christians) to pray?
2. What are the symptoms for you of not praying enough? How can you tell you need to engage your prayer life differently?
3. Read Colossians 4:2. What does this verse teach us about prayer?
4. Read Luke 11:1–13. What does the parable in 5–8 teach us about prayer? How does what Jesus says in 9–13 encourage you to pray?
5. Andy mentioned a number of practical ways to grow in your prayer life. What are one or two that you can apply this week? Write them down and take a few minutes to bring them before the Lord in prayer. Ask for the Lord's provision to help you follow through.
6. How can you combine the spiritual practices of solitude and silence, study, and prayer to help feed your soul today?