

## Message Notes

### When Weariness Starts to Win

Isaiah 40:27-31

Andy Kvernem  
June 21, 2020

## Outline

1. We Feel \_\_\_\_\_(v27)

2. We \_\_\_\_\_:

a. \_\_\_\_\_(vv28-29)

b. \_\_\_\_\_(vv30-31)

i. \_\_\_\_\_ Limits

ii. \_\_\_\_\_ Control

iii. \_\_\_\_\_ God's Provision

1. Soar: \_\_\_\_\_

2. Run: \_\_\_\_\_

3. Walk: \_\_\_\_\_

## To Go

### When Weariness Starts to Win

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1. Think back to a time when you felt weary and tired. What impact did those feelings have on your relationship with God and with others?
2. The sermon mentioned the importance of perspective. Read verses 28 and 29. How does God's sovereignty comfort you in this troubled time? How does knowing that our God created the entire universe help alleviate your worries and fears?
3. Read verse 31. What does it mean practically to wait or hope for the Lord? How might this look in your day to day life?
4. Read Psalm 103:14-17. How does recognizing our limits help us to trust in God more fully? How does this recognition give us a greater thankfulness for His steadfast love towards us?
5. Read verse 31 again, and this time pay close attention to Isaiah's escalation of language. How has God's intervention, interaction, and inner-action played out in your life? Why is it important to recognize God's activity in all three ways?
6. Read 1 Peter 5:10. How does God's eternal plan for you give you strength and relieve your exhaustion even in the midst of suffering? How can you apply this to your present situation?